



2019 SEASON

RULES AND REGULATIONS

**The following rules shall remain
in effect for the 2019 season**

MISSION STATEMENT

The objective of the association shall be to implant firmly in the children of the community, the ideals of good sportsmanship, honesty, loyalty, courage and respect for authority, so that they may be well adjusted, stronger and happier children and will grow to be good decent, healthy and trustworthy citizens. This will be done through youth sports programs.

ELIGIBILITY

There are no geographical boundaries for participation in the Port St Lucie Athletic Association.

Primary eligibility is determined by participant's age as of July 31st, of the current season for ages 5 through 14

There will be no changes of division granted to any player after initial registration without an extenuating circumstance as deemed by the Executive Board. This is to protect and preserve the integrity of the leagues philosophy.

Children currently participating in or dismissed from any JV/Varsity high school sports, running concurrent with our season, are not eligible to participate at PSLAA. This does not include players cut from the team. Any disputes regarding this rule will be brought to the Executive Board.

Flag division:	5, 6 years of age.
Lower division:	7, 8, 9 years of age.
Middle division:	10, 11, 12 (less than 105lbs) years of age.
Upper division:	12 (more than 105lbs), 13, 14 years of age
Travel Program	7U, 8U, 9U, 10U, 11U, 12U & 13U

*Any child in their final year of a division will need Executive Board approval to move up a division. If a child elects to go up a division he/she may not move back down. There will be no other moves permitted between divisions or teams without an extenuating circumstance as deemed by the Executive Board. All requests must be written and submitted to the Executive Board.

No football player will be allowed to participate in the league without a complete Registration Form, Birth Certificate and a biological parent/legal guardian photo ID on file with PSLAA. Biological parent is to include adoptive parents

If a Board Member, Coach, football player is arrested during the season, they will be placed on suspension until the case is resolved or addressed by the Executive Board during a posted board meeting.

REGISTRATION

Registration shall commence and close at a date, time and place and fees shall be established by the BOD prior to commencement of registration each year.

A registration form shall be completed for each participant by their biological parent/legal guardian. Court documentation showing legal guardianship is required.

A medical release shall authorize PSLAA to provide medical attention as deemed to be in the best interest of the participant. This medical release shall be completed for each prospective participant at the time of registration.

The Player Agent or other authorized PSLAA representative shall verify all information including name, league age and date of birth at the time of registration.

All Payments must be made prior to the first game of the season. If payment is not satisfied the player will no longer be eligible to participate in practices or games. If registration payment by either check or credit card is returned for lack of funds or closed account, a fee, to be determined by the BOD will be added to the amount of the registration fee to be paid in cash. The child will not be permitted to continue with practice or games until the debt has been paid or payment arrangements have been made.

Participants registered between the opening and closing of registration shall be eligible for the primary draft. Registration is on a first come, first serve basis. No spaces will be reserved for returning players/cheerleaders.

The biological parent/legal guardian shall agree to follow the PSLAA Parent Code of Conduct and encourage family members and guests to do the same.

If at game time the visiting team does not have all of their parents on the chain crew, that team will receive a 15 yard unsportsmanlike penalty

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TRYOUTS

Tryouts shall begin and end at a date, time and place as designated by the BOD. A representative who is a registered coach from each team is required to attend every day of tryouts, manning a station. If one is not present that team will **lose** their first-round draft pick. The head coach of that team will be required to come before the board for approval of coaching for that season.

PLAYER DRAFTS

(the term “players” includes football players and cheerleaders)

Primary Draft

Players having participated the previous year shall be ineligible for the primary draft and shall be assigned to the

same team for which they participated in the previous year, if eligibility is met.

If the player quits prior to the first game, they shall be placed back into the primary draft upon their return.

Once you have been drafted to a team, you are assigned to that team until you age out of the division. The cutoff date will be determined by the executive board. Players will be assigned to teams by the executive board.

Exception: Under extenuating circumstances a request for trade form may be completed by the biological parent/legal guardian of the participant at the time of initial registration and will be reviewed by the Player Agent and Executive Board for approval. The participant will then be notified if the request for trade will be honored.

Participants must actively attend all days of tryouts and must be seen by all available teams to be eligible for the primary draft. If unable, the individual shall enter the supplemental draft.

If the majority of the coaches agree that a player who has missed tryouts should be a “draftable” player...then they will be placed in the Primary Draft instead of the Supplemental Draft.

Primary Draft List

A primary draft list of eligible players shall be compiled for each division by a committee comprised of the Registrar, Player Agent and/or designee for that division and shall contain the following minimum information to include name, age, and team previously played on to include protection status and sibling option.

A committee comprised of Registrar and Player Agent or designee for that division shall prepare a returning player roster for each of the teams from the current year's registration. Returning rosters and primary draft lists containing name, and age, shall be distributed by the player agent to Head Coaches prior to the start of tryouts.

BOD shall designate the date, time and place of the primary draft.

Primary Draft Procedure

Players will be drafted to fill openings on existing rosters or to establish expansion teams.

The order of player selection for each division shall be the inverse order of finish of the previous regular season's win/loss record. This win/loss record excludes playoffs and championship games.

Expansion teams shall pick first.

The son/daughter of a Head Coach will be added to the team roster as a returning player.

If a player is a returner to a team and his/her parent becomes the Head Coach of another team, that child will be traded during the time at the end of the draft according to the PSLAA trade rules.

All previously approved release requests and players in the primary draft shall be eligible to be drafted.

Sibling Rule:

Siblings are defined as siblings or step siblings living at the same PRIMARY address.

Must be exercised and announced at the time the first sibling is selected.

If one sibling is on a returning roster, the coach must announce his/her intention to draft the sibling prior to the start of the draft. The sibling will be selected on or by the 4th pick **unless the parents request they do not play on the same team.** If both siblings are in the draft, and the sibling option is exercised, they will be drafted consecutively.

After each team has made 3 picks, it may be necessary, based on roster size and returning players from the previous season, to freeze some team's selections until all roster sizes are equal to the team with the largest number of players.

The Player Agent, Secretary or designee shall record draft selections in order of their occurrence. Immediately upon conclusion of the primary draft, the list shall be compared and validated as correct.

If the number of players left in the primary draft is less than the number of teams in the last round of the draft, the remaining players will be placed in the supplemental draft.

Supplemental Drafts

Supplemental drafts will be held for players who did not qualify for primary draft. Any Player that does not attend tryouts will be placed on a team by a "hat pick". All "hat pick" player names will be selected by the coaches in the continuing draft order after all the players on the board have been selected.

Trades

Trading will commence immediately following the supplemental draft and shall conclude fifteen (15) minutes thereafter.

The Player Agent shall keep a record of all trades. All trades shall be made as one-for-one trades.

TEAMS

Teams shall consist of a Head Coach and a maximum of four (4) certified Assistant Coaches. There shall be a player roster of no more than 22 players.

Team Parent must have completed the required online training course as well as a background check screening.

No more than 2 water boys/girls, under the age of 16 shall be optional team members. Optional team members are **not** to be issued, loaned or given team jerseys.

Team Practice

Definition of practice: Any gathering of players and at least 1 Coach shall be defined as a practice and must be held at a BOD approved site.

The first week of practice shall be devoted entirely and exclusively to conditioning, not wearing pads or helmets. BOD may require additional time to teams if needed.

Team volunteers are permitted to assist with practice. If they are not certified by the online training course they are not permitted to conduct contact drills. Volunteers must be over the age of 16. Any volunteer over the age of 18 must complete a background check through the league and must pay the fee.

If a Head Coach has a special event that he/she would like to take their team to *i.e.: High school football game,*

Movies, etc. This will have to be approved by the BOD at least 1 week prior to the event.

Scrimmages are considered a practice and is defined when two (2) opposing teams line up with an offense vs defense and the ball is placed at the “line of scrimmage”. **No inter-division scrimmages allowed.** Scrimmages are limited to 1 per week and BOD must be notified of a scrimmage by email.

Combined practices are defined as two (2) teams joined together actively participating and engaging in practice as one team. NOT Team A vs Team B. Inter-division combined practice are allowed however **NO** physical contact between them is allowed. Any combined practice **must** have BOD approval prior.

There will be absolutely **NO** practices on Friday or Sunday except when designated by the BOD. A Board Member must be present at one of the approved sites for **ALL** practices.

Practice Times

Practice shall be held Monday – Thursday during the hours of 6:00pm and 8:00pm, for a maximum of 2 hours and the player must **actively participate and engaged** in practice to participate in Saturday’s game.

Practice Limitations

Minimum hours per week	Tackle:	six (6)
Maximum hours per week	Tackle:	eight (8)

Players cannot miss more than one (1) day of practice unless excused by the BOD. Excused absences are classified as medical, religious, death, and extenuating circumstances. Once excused, player must attend one (1) week of actively engaged practice.

Any coach practicing more than the maximum allowed time per week shall be subject to disciplinary action.

Cancellation of a practice due to inclement weather, as approved by the BOD, shall count as practice played. If a coach cancels practice it counts as an absence.

The coach is responsible for insuring all of his/her players have been picked up after practice. The coach must be present until all his/her children have gone home. SEE DISCIPLINARY ACTION

Warm Weather Precautions

Teams must guard against serious heat problems, which in extreme cases have occasionally resulted in death. The training regimen of any team practicing under high heat and/or humidity conditions **MUST**:

1. Limit or eliminate laps entirely. DO NOT assign laps for disciplinary reasons.
2. Give players all the water they want to drink, when they want it. Do not substitute soft drinks for water.
3. Each coach must keep an eye on all players and his fellow coaches for the slightest sign of heat exhaustion or fatigue.
4. Provide a minimum 10 minute break in the middle of each practice, not to be counted against practice time.

Water breaks are not rewards and should be given as needed and/or when requested by players.

Practice Equipment

Players shall practice with all approved equipment during contact drills.

Equipment for football shall include helmet, shoulder pads, practice pants, pads, and mouthpiece.

Mouthpieces must be attached to the helmet at all times.

Mouthpieces can not be clear or white in color.

*Protective cup to be supplied by parent/legal guardian and are optional.

At all practices where person-to-person or person-to-dummy contact takes place, each player must be dressed in the full complement of protective equipment:

1. Helmet
2. Shoulder Pads
3. Pants: one piece or shell & must cover the entire knee cap
4. Hip Pads: one piece or shell
5. Tail Pads: one piece or shell
6. Thigh Guards: one piece or shell
7. Jersey

Special equipment (knee braces, prosthesis etc. as determined by FHSAA as approved equipment) shall be approved by the Player Agent prior to the player's participation in contact drills and scrimmages.

Player Agent/PSLAA may deny use of special equipment or require a written authorization from the participant's physician before being allowed to use said equipment. This is for each game and to be written by the treating physician.

COACHES

Selection of Coaches

Coaches shall make a written application and submit such application to the President of the league or designee by a date to be set by said President, from which the President shall appoint all Head Coaches. All coaches must attend mandatory coach's clinics.

All Head Coaches in the tackle divisions must have been an Assistant Coach for at least one season at PSLAA or another youth tackle football organization before gaining a Head Coach position.

All Assistant Coach applications shall be submitted to the Board of Directors for approval.

Certifications

All Coaches must complete the online training course prior to the date set forth by the President. The cost and scheduling of certification shall be the responsibility of each individual Coach.

All Coaches must complete any additional certifications/training as deemed by the Board of Directors.

Coach Requirements & Responsibilities

All Head Coaches and Assistant Coaches must attend the coaches clinic on the date set forth by the President.

All Head Coaches and Assistant Coaches must complete a background check in order to be allowed on the field with players prior to the start of the season.

All Head Coaches and Assistant Coaches are required to set a positive example of honesty, responsibility and good sportsmanship.

Drugs, alcoholic beverages, tobacco products, foul language and unacceptable behavior are not permitted at practice or games.

The Head Coach is responsible for him/herself, his/her assistants and his/her players, as well as the parents and families of the players. Any spectator behaving in an unacceptable manner will cause not only removal of themselves, but also the removal of the player/participant they are there to watch for the duration of the game.

The Head Coach is responsible for recruiting a Team Parent and insuring that his/her team fulfills their chain duty schedule, pictures, fundraising and other related functions along with returning all equipment that is issued to his/her team.

The Head Coach/Team Parent will be responsible to recruit volunteers for the following duties:

	<u>NORTH FIELD</u>	<u>SOUTH FIELD</u>
VISITORS:	3 chain members –Over 18	3 chain members – Over 18

The Head Coach or an Assistant Coach must attend scheduled Coaches meetings. SEE DISCIPLINARY ACTION

The Head Coach or staff member or assignee shall keep a record of mandatory minimum play count for each player; the count sheet must be completed and submitted to the BOD on the following scheduled practice day.

Minimum play for each player will be 5 plays per half. See minimum guidelines for coaches for penalty for non-compliance of this rule.

Coaches and/or Team Parents in PSLAA program may not solicit money or accept donations from any parent for any reason unless written approval has been obtained from the BOD.

Coaches are responsible to see that no one modifies, paints, places decals or otherwise alters uniforms or equipment, unless a request to the Equipment Manager or President has been submitted in writing and approved prior to alteration.

Disciplinary Action

Any coach ejected from a game by an **Official** shall also be automatically suspended from the next scheduled game no exceptions will be made. If the next game is a playoff or championship game, the same rule applies. The coach may be subject to additional disciplinary action so ordered by the BOD. A second ejection in the same

season will result in dismissal. The Officials must notify the Board, in writing, of any ejection for additional disciplinary action to take place.

(Level 1 Ejections = 2 game suspension – appeal process. Request immediately turned in after game in writing. Process completed before first practice following game).

(Level 2 Ejections = 3 games suspension – subject to additional games up to dismissal – appeal process same as Level 1 Ejections).

Any unsportsmanlike penalty called on the bench during a game shall be reported by the Officials to the Association President or Player Agent for further investigation.

If a coach leaves their team during a game out of frustration due to their player's performance or any other reason, they will be ejected from the game by either the Officials or the PSLAA board.

The Head Coach may suspend a player from a game or part of a game for disciplinary reasons. In such action, the player(s) involved and their parents must be notified of the infraction on the same day of occurrence and of the reasons for the suspension. The Executive Board must approve the suspension before it is implemented.

Contact With Officials

If a player or adult should strike (hit) a game official, the offender shall be subject to suspension and/or permanently banned from PSLAA activities..

Investigations and Rules Violations

The executive board shall conduct investigations.

All persons shall be notified to obtain all pertinent facts, conduct a hearing for the accused and recommend appropriate action to the Board of Directors.

The member involved shall be notified of such meeting, informed to the general nature of the charges, and given an opportunity to appear at the meeting to answer such charges.

In the event a player is involved, the President, Vice-President or Player Agent shall notify the parent.

Investigations shall commence within 72 hours after receipt of an allegation and shall be in writing to the Vice President or the Player Agent before action is taken.

The President or Vice-President shall accompany the Player Agent when delivering the outcome of any investigation.

Sidelines

Only the Head Coach, up to 4 Assistant Coaches, 1 Team Parent (if completed certification and background check) and 1 water boy/girl under the age of 16 are permitted on the sidelines. **The provided coach ID with lanyard must be worn at all times while on the field.**

There shall be no form of electronic communications, cameras, video cameras, etc on the sideline at any time during the game by Coaching Staff, Players or Chain Crew.

* BOD is aware of certain circumstances where cell phone communication may be necessary. Please advise

President or Player Agent prior to start of game for permission.

Beyond The Fence

Parents are not permitted on the field side of the fence at any time. They will be called onto the field for an injury if needed. If coaches wish to have their parents at their team meeting, then they need to host the meeting on the spectator side of the fence.

Warm up Areas

Football team warm up areas are located:

1. Northfield in the NE corner near the sled
2. Between the North & South fields east of the large rock
3. West of the equip trailer
4. South of the equip trailer
5. Across the street near the boys & girls club

Clean UP

It is the responsibility of the coaches to ensure that practice areas are kept clean.

Requests

- all fundraisers must be approved by the board
- any monetary request from parents over \$10.00 must be approved by the BOD

Injuries

Any player that was injured and has missed any games and/or practices that required Doctor's care must have a Doctor's note to resume playing.

An injury report must be completed for any player injured during practice or a game. This report must be turned in to an PSLAA Board member within 48 hours.

Players that have casts, hard or soft, or any other types of bandages, excluding band-aids, on any part of their body may not practice or play in any games.

Any player that shows any sign of a headache, nausea or shows evidence of limping, or any other signs of illness, may not practice or play in any games.

The health and wellbeing of the children must come first.

Injuries which require a Doctor's release are as follows:

A player wearing a brace or cast that was removed.

A player wearing bandages or had stitches or staples removed.

A player that was removed from a practice or a game by ambulance.

A player that was attended to by a Paramedic during a practice or game.

A player that was ill and missed at least 2 weeks (14 days) of practice or games.

A player that had broken bones.

A player that was hospitalized.

All injuries shall be reported to the league's Insurance Agent by the BOD within upon notification of injury. SEE DISCIPLINARY ACTION

Players shall practice one full week after an injury if the injury required missing at least 1 week of practice. Player must **actively participate and be engaged** in practice (must be completing the same drills as team) to participate in Saturday's game.

Game Eligibility

Players must wear all issued and approved equipment including: helmet, shoulder pads, pants, pads, jersey and mouthpiece. Mouthpiece must be attached to the helmet. Mouthpieces cannot be clear.

All equipment must be free of defects.

There will be no change of jerseys or helmets among players once they have been issued.

If a player is classified ineligible for any reason, the Head Coach shall retain said players helmet and shoulder pads. The Head Coach shall return the helmet and shoulder pads upon conclusion of the game.

The Officials and the Player Agent must approve special equipment for each game.

Players and Coaches who are injured and on crutches or in wheelchairs may not be on the sideline and must remain in the stands unless approved by the BOD. If approval is granted, they must be at the back of the Coaches box.

In the event that a team cannot field eleven (11) players on a kicking or receiving team, the opposing team shall match the other team's number of players.

A team must start with a minimum of 10 players; teams must not go below 9. If this occurs the game will be forfeited and considered a loss of zero.

If at any time during the season a team loses enough players that they can no longer field a team, the Executive Board can decide to place the remaining players on other teams within their division.

If at any time during the season a team loses enough players that they can no longer field a team, the Executive Board can decide to allow the Coaches to assist teams within their division.

The following penalties will be enforced on a team: who does not have the proper people in place to cover chain duty:

- a) Upon discovery – The referees will stop the game, and an announcement will be made to have the proper persons take over chain duty. They will be given 2 minutes or will receive a 15-yard penalty.
- b) If the situation has not been corrected within 2 minutes, then another announcement will be made giving the parents 1 additional minute to secure the chains, or the team responsible for chains that week will forfeit the game.

Player Inspections

The player agent or designated assistant will conduct player inspections immediately prior to the game. Inspection shall include ensuring the following:

- All players have knee, thigh, hip, and tail pads
- No metal spikes are allowed, No metal showing
- Jersey is tucked in
- Mouthpiece is visible
- No jewelry worn – exception: medical necklace (must be taped down)
- Ensure all screws are in face mask and helmet

Any violation shall deem the player ineligible and subject head coach to disciplinary action.

Mandatory Playing Rule

PSLAA requires that every player registered with the league is required to have a certain percentage of playing time regardless of their ability. All players are to have either a starting position on Offense or Defense. The intent of the rule is that each player shall participate in 50% of the plays, at a minimum, regardless of skill level. The exception to the rule will be due to an injury or exhaustion. Special Team positions do not count as starting positions.

Each eligible player shall play a minimum of 5 plays per half. Kick-offs, kick-off returns, punts, or extra points Do Not qualify as plays from scrimmage line.

Check section under Coaches for penalty for non-compliance of minimum play rule.

There will be no minimum play rules for Playoff or Championship Games.

***Failure to adhere to MPR requirements will result in: 1st offense- written warning, 2nd offense- 1 game coach suspension. Repeated violations will result in removal as Head Coach**

Duration of Game

Lower Divisions shall play with an eight (8) minute regulation clock and an eight (8) minute halftime unless otherwise approved by the BOD.

Middle Division shall play with an nine (9) minute regulation clock and an eight (8) minute halftime unless otherwise approved by the BOD.

Upper Division shall play with a ten (10) minute regulation clock and an eight (8) minute halftime unless otherwise approved by the BOD.

Time Clock

The referee shall decide where the clock will be kept. In any event the referee has final authority to have the clock kept on the field if, in his judgement, the home management's clock operator is not qualified.

Scoring Values

Touchdown ----- 6 points

Point after TD by run ----- 1 point

Point after TD by pass (forward pass) ----- 2 points

Point after TD by kick ----- 2 points

Field goal ----- 3 points

Safety (awarded to opponent) ----- 2 points and free kick

Forfeit (offended team wins) ----- 1-0

Time Outs

Each team shall have a maximum of three timeouts per half.

Time out for player injury shall be charged to the Officials. The injured player must be removed for at least one play.

Time outs shall be 40 seconds in duration.

Mercy Rule

INTENT: To prevent demoralization of one team by another and to use this situation to allow less experienced players to get additional game experience.

Playoff and Championship Games are not subject to Mercy Rule guidelines.

Mercy Rule will be enforced once the teams reach a twenty-four (24) point differential.

The official clock will immediately become a running clock in the 2nd half. Once started can only be stopped by an official for injury of a player or at the discretion of the referee. It CANNOT revert to a game clock operation for the remainder of the game, even if at any point during the remainder of the game the point difference drops below 24.

The teams are still required to complete the Mandatory Play Rule

Skilled offensive players **CANNOT** play any skilled positions for the remainder of the game. **The players are removed from offense only. They may continue to play defense and special teams.* Defense must go to base 4-4 defense and no more than 4 players in the box . No outside blitz allowed.

There can be no more than two (2) linemen chosen to be removed.

All plays must have forward progression.

Once a game reaches a 24 point difference, there will no longer be any kick offs by either team for the duration of the game regardless of the future score.

The ball will be set for play on your own 40 yard line.

Any coach who employs types of plays without the intent to maximize the action of play shall be in violation of this rule.

An investigation will be conducted if a game ends with a score differential of 24 points or more.

The clock will be stopped only for injuries and time outs ordered by officials only.

***If a Head coach is found violating the above requirements, they will be suspended from the next game.
Repeated violations will result in removal as Head Coach.**

Game Play

The Home Team on the South field comes from the east goal post.

The Home Team from the North Field comes from the South.

Only the team, Head Coach, up to 4 Certified Assistants(must be under 18 years of age w/background check) and no more than 2 water boys/girls under the age of 16 years are permitted on the sidelines. No other persons affiliated with either team are allowed in the area during a game, including a team sponsor.

At no time should parents or relatives go beyond the spectator fence and enter the field of play, even during the suspected injury to a player unless called by a Board Member.

Coaches and players must remain between the 25-yard lines along the sidelines and off the field of play during game play.

All team players and sideline attendees shall remain orderly on the sidelines.

No games of ball throwing are allowed, except for warm-up as directed by the Head Coach. Warm-up shall be done behind the bench area.

Teams shall not meet behind end zone prior to the last two (2) minutes of the current game.

Teams shall leave the playing area immediately following the game.

Post-game meetings should be held outside track area.

Any team not cleaning up their sideline area after a game will be assessed disciplinary action.

Teams may not assemble more than one (1) hour before their scheduled game.

Pertaining to the last game of the day at each field, the winning team shall tear down the field and deliver the equipment to the designated storage areas in an orderly fashion. IF NOT, a penalty shall be imposed.

In the event of inclement weather as declared by the Officials or if the Lightning Meter sounds, no coach shall excuse/dismiss their team until instructed to do so by the BOD.

In the event of inclement weather as declared by the Officials or if the Lightning Meter sounds players are to be instructed to take shelter under the Pavilion or in their vehicle until released by the BOD or games resume.

If a game has not resumed by the time of the next scheduled game, the delayed game will be rescheduled.

TACKLE GAME RULES

General rules for game play shall be as specified by the current Florida High School Activities Association (FHSAA) rules unless superseded in these rules.

Superseding of a rule need not be by specific reference to chapter and section of the FSHAA rules.

Both the National Federation and NFHS rule books contain extremely strong language on blocking and tackling. It is the responsibility of every PSLAA coach to be fully informed of, and abide by, all such rules of the governing body (National Federation or NFHS) and to review the same each year.

In addition to other specific prohibitions in the National Federation and NFHS rule books, no butt blocking, chop blocking, face tackling or spearing techniques are permitted in PSLAA. If such techniques or any others not in compliance with the National Federation or NFHS are taught and implemented by PSLAA coaches, said coaches shall be removed immediately. Clipping is illegal anywhere on the field including in the free-blocking zone. This applies to all PSLAA programs.

Regular season games shall end at the conclusion of the 4th quarter unless the score is tied. Then a Kansas City Tiebreaker will take place by coin toss and 4 plays from 10.

The team in possession of the ball at the end of the last play during the second half shall call the coin toss.

FACILITY RULES

There shall be no football, Frisbee, bottles, etc thrown by ANYONE within the perimeter fencing of R.D. McCorkle Field at ANY time. The ONLY exception is when a football team is practicing or warming up for their game.

1. All Coolers are subjected to search.
2. All tents must be staked at each of the four corners and must be tethered to a stationary object (excluding bleachers).
3. Smoking is allowed in designated areas only per Park Rules (including e-cigarettes).
4. Children are not permitted to play under the bleachers.

PARENT CODE OF CONDUCT

Parents are expected to:

1. Encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports event.
2. Place the emotional and physical well being of my child in order to encourage a positive and enjoyable experience for all.
3. Support the coaches and officials working with my child(ren) in order to encourage a positive and enjoyable experience for all.
4. Will demand a sports environment for my child(ren) that is free of drugs and alcohol and will refrain from their use at all youth sports events.
5. Will remember that the game is for youth-not for adults. It's PSLAA...NFL.
6. Will do my very best to make youth sports fun for my child(ren)
7. Will encourage my child(ren) to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.
8. Will help my child(ren) enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, fulfilling my volunteer time, and continuing to have a positive mental attitude when I am asked to help.

Parents and fans are subject to disciplinary action the same as coaches and players.

MINIMUM DISCIPLINARY GUIDELINES RELATED TO THE IMPROPER CONDUCT OF

PLAYERS

<i>INFRACTION</i>	<i>TO WHOM</i>	<i>DISCIPLINE</i>	<i>SOURCE</i>
Foul,, Inappropriate or Abusive Language	PLAYER OR COACH	Ejection from game or practice	Official, Coach or BOD
Foul, , Inappropriate or Abusive Language	OFFICIAL	Ejection from game + 1 game suspension	Official or BOD
Inappropriate or Serious foul play	ANOTHER PLAYER (No injury)	Ejection from game + 1 game suspension	Official or BOD
Inappropriate or Serious foul play	ANOTHER PLAYER Resulting in injury	Ejection from game + 2 game suspension	Official or BOD
Threatening / Inappropriate gesture or language	Another player, Official, Coach or Spectator	Ejection from game + 2 game suspension	Official or BOD
Kicking, Striking or Bodily assault	Another player, Official, Coach or Spectator	Ejection from game + 2 game suspension	Official or BOD
Second Offense		Season suspension	Executive Board
Knowingly & intentionally Violate game rules or policy	Another team	One (1) game suspension	BOD
Second Offense		Season suspension	Executive Board
Ejection from a game		One (1) game suspension	BOD
Not actively participating in a game or practice		Game suspension for that week	BOD
ANY abuse of equipment	ANY league equipment	One (1) game suspension	Equipment mgr, BOD
Second Offense	ANY league equipment	Season suspension	Equipment mgr, BOD
Jewelry worn during game/practice		Verbal / Written warning	BOD
Second Offense		One (1) game suspension	BOD
Use of alcohol or drugs		Season suspension	BOD
Major fighting infraction	Anyone	Season suspension	Exec Board / President / VP

MINIMUM DISCIPLINARY GUIDELINES RELATED TO
THE IMPROPER CONDUCT OF
COACHES, BOARD MEMBERS, PARENTS & SPECTATORS

INFRACTION	TO WHOM	DISCIPLINE	SOURCE
Extreme foul, Inappropriate or Abusive Language	ANYONE	Reviewed by BOD to determine disciplinary action	Official or BOD
Threatening or, Inappropriate gesture or language	Another player, Official, Coach or Spectator	Ejection from game + 1 game suspension	Official or BOD
Kicking, Striking or Bodily assault	Another player, Official, Coach or Spectator	Loss of coaching privilege for one (1) year	BOD
Knowingly & intentionally Violate game rules or policy	Another team	One (1) game suspension	BOD
Second Offense		Season suspension	BOD
*Unacceptable or , Inappropriate behavior	Any time	Written warning/ one (1) game suspension	BOD
Not playing players correct amount of plays	To a team member	Winning Coach - Forfeiture of game and one (1) game suspension. Losing Coach - one (1) game suspension	BOD
Second Offense	To a team member	Season suspension	BOD
Ejection from game		One (1) game suspension	BOD
Second Offense		Dismissal	BOD
Use of tobacco - Game or Practice		Verbal / Written Warning	BOD
Second Offense		One (1) game suspension	BOD
Use of alcohol - Game or Practice		Dismissal	BOD
Illegal drug use		Dismissal	BOD
Leaving field / removing team from field prior to end of game		Season suspension	Exec Board, President or VP
Communication equipment on sidelines		One (1) game suspension	Exec Board, President, VP or player agent
Communication equipment on sidelines		Two (2) game suspension	Exec Board, President, VP or player agent
Removing, altering or unauthorized exchange of helmets		One (1) game suspension	BOD
Second Offense		Season suspension	BOD
Use of substances on uniforms to gain an unfair advantage		One (1) game suspension	BOD
Second Offense		Season suspension	BOD

CLARIFICATION:

Unacceptable Behavior/Excessive Celebration is behavior that, having regard to all of the circumstances, would be offensive, belittling, abusive or threatening to another person/team or disrupts the normal functioning of the association and which consciously or unconsciously, interferes with another's enjoyment and use of the environment in the interest of sportsmanship.

Unsportsmanlike Conduct/Behavior /Excessive Celebration is any delayed, excessive, prolonged or choreographed act by which a player(s), coach(es) or spectator(s) attempts to focus attention upon himself (or themselves) that occurs prior to, during or after a game or practice. Additionally, the player(s), coach(es) or spectator(s) actions are considered "Unsportsmanlike Conduct" and may result in the player(s), coach(es) or spectator(s) being suspended for a minimum of one game. If an offenders non-football –related act (taunting, cursing, etc) causes an opponent to physically retaliate, the penalty can lead up to and include suspension for the remainder of the season and or subsequent seasons.

JOB DESCRIPTIONS

The following positions are already outlined in Article IX of the League By-Laws:

President
Vice President
Secretary
Treasurer

PLAYER AGENTS-FLAG AND TACKLE

Player Agent (P.A.) or designee is responsible for setting up the try-outs and keeping an updated list of players for all days of try-outs. Roll must be taken all days of try-outs. Roll must be taken before and after try-outs on each day. P.A. must have a meeting with all Head Coaches prior to the start of try-outs to explain how he/she wants try-outs to be run. P.A. must have all first Assistant Coaches names before all try-outs start. P.A. will distribute rosters of participants to Head Coaches on the last day of try-outs and the P.A. will go over the list and tell the coaches who is going to the supplemental draft due to missed attendance.

NOTE All participants must attend and participate to be eligible for primary draft. Participants must attend 50% of the scheduled try-outs.

P.A. will advise Coaches of the scheduled time and place of the draft for their division. P.A. will prepare draft boards with names of returning players for each team in their division and set them up in a draft order for drafting. P.A. will explain draft rules to all Coaches prior to the start of the draft. P.A. will turn the draft boards into the BOD. P.A. will be responsible for knowing where all the teams in their division are holding practice, including start and end times.

P.A. is responsible for taking attendance every day of practice. P.A. will keep track of any injuries, disciplinary action taken by the Coach on a player, and ejections of Coaches and players for games. If a child is ejected from a game his helmet and shoulder pads should be held by the P.A. for the game the following week.

P.A. will keep track of any child who quits or has been injured and will not finish the season, and make sure that their equipment is collected and turned into the Equipment Manager.

P.A. will be responsible for weigh-ins for their division. *NOTE* Weigh-ins are 30 minutes prior to their scheduled game time.

P.A. must attend all Coaches meetings

P.A. is responsible for making sure that the game day sidelines in their division are kept clear of all

non-coaches, sponsors, parents and friends of players.

The P.A. is the liaison between the parents and the Coaches. P.A. will be part of the investigation committee if there is a problem within their division.

Will be responsible for making permanent numbered rosters in numerical order for game announcing.

CHEERLEADING COORDINATOR

Cheerleading Coordinator (C.C.) is responsible for the entire cheerleading program. She will have two (2) Player Agents: flag and tackle, whose duties are outlined in the Player Agent section. C.C. will act as her own Equipment Manager.

All equipment will be approved by the Exec. Board or BOD, and ordered by the C.C. All equipment handouts and returns will be scheduled by and overseen by the C.C.

The C.C. will be actively involved with the Coaches selection committee if she does not serve on it herself. C.C. will be present at both Flag and Tackle coaches meetings.

C.C. will work with the Jamboree coordinator as it involves the cheerleaders.

C.C. is responsible for Cheerleading Competition and awards connected with that event with BOD advisement and approval.

REGISTRATION CHAIRPERSON

Registration Chairperson (R.C.) will be responsible for registration information that will include:

Schedule of events
Web site information

*Every parent will receive this information.

R.C. will oversee with BOD help the early registration. R.C. will organize with help from the BOD the spring and fall registration. R.C. will make sure there are registration forms and information packets on hand for all sign-ups. R.C. will make sure enough help is available for the sign up dates. R.C. or designee will call Pepsi for vinyl signs for sign-ups, spring and fall, and make sure that signs are hung prior to both sign-ups. R.C. will supply lists to all Player Agents and Cheerleading Coordinator of all children participating in the tryouts by age or grade in school. R.C. will also supply a list to P.A. and C.C. of returning players and the team they are returning to.

SPONSOR CHAIRPERSON

Sponsor Chairperson (S.C.) will contact all of the sponsors from the previous year, first by mail out and again by phone.

S.C. shall keep track of all sponsor fees, and be able to give a report to the BOD on payments that are paid and due.

S.C. will make sure that the sponsor boards are updated and in good condition.

S.C. will by mail send a program (if published) and thank you letter to all sponsors, with an open invitation to come to their teams games.

S.C. or designee will be responsible for delivering all sponsor plaques at the end of the season.

Sponsor Packet:

Program (if published)

Schedule of the years events

Thank You letter

Invoice

EQUIPMENT MANAGER

Equipment Manager (E.M.) is responsible for inventory of all tackle and flag equipment. Inventory shall be done and a report given at the February board meeting. The report shall include equipment on hand and equipment that will need to be purchased, along with an estimated cost of the purchase

At the March meeting three (3) quotes should be presented to the BOD and a decision should be made at that meeting and the order should be placed before the end of March, with a delivery date of no later than August 1st.

The E.M. is also responsible for scheduling times and dates for equipment handouts. Keeping track of equipment and making sure that all equipment is in good condition for play. E.M. will also be responsible for equipment collection at the end of the season, and collecting equipment that has not been received following the last game of the season including championship games.

All equipment should be stored in a neat and orderly manner. E.M. should make necessary arrangements for sanitizing helmets and shoulder pads.

All jerseys from the previous year should go to the store manager or designee for sale as practice jerseys.

HEAD CONCESSIONAIRE

Head Concessionaire (H.C.) will be responsible for having the concession stands stocked and ready to open the first day of try-outs. Stocking will be done from an inventory list that is approved by the BOD (H.C. should keep in mind that the list is only a guideline. If the need to add or delete items from the list should arise, it can be done by the Exec Board or BOD approval).

H.C. will fax or phone the Pepsi order in on Wednesday for delivery on Friday.

H.C. will advise the President and BOD of any faulty equipment so the necessary repairs can be made.

H.C.N. will not allow any sales other than league approved items.

H.C. will oversee and make sure the concession is kept clean and fully stocked throughout the season. H.C. or designee will shop accordingly for any special events that will effect the inventory for Saturdays. At the end of the season a complete inventory will be taken of all items and filed for the following season.

H.C. will oversee all clean up and arrange storage of items. Both H.C.N and H.C.S. will make sure that any person other than a board member does not remove any money from cash drawers other than for change.

H.C. will not allow anyone under the age of eighteen (18) work in the concession stands.

FUNDRAISING CHAIRPERSON

Fundraising Chairperson (F.C.) is responsible for all monies to be raised for the league outside of registration and sponsors.

Past duties have included and are not limited to:

50/50 tickets to be purchased by and kept track of by the F.C. Along with posting the winning numbers and supply info to the treasurer.

Mountain Bike Raffle-have tickets printed and distribute to BOD, Coaches, and Team Moms as applicable. Arrange a viewing of bike, turn info for raffle into publicity agent, arrange for winning drawing.

Helmet raffle-same as bike.

Program Sales-CREATE paperwork for BOD to be able to sell ads for the program to the community. Turn over sales to Program Chairman.

Bring other prospective fundraising ideas with complete info (outlay of time, money, and volunteers needed with prospective profit) to BOD for approval.

PROGRAM CHAIRPERSON

Program Chairperson (P.C.) will be responsible for coordinating all phases of the program. P.C. will collect all ads sold from the fundraiser and deliver to the printer. Printer will be BOD approved. P.C. will supply numbered player rosters which the Player Agents will supply, also Cheerleading rosters along with Coaches and Team Parent names. Sponsors names shall also be included to the printer. They shall prior to print, go to the printers and proof read the program and make necessary changes, making sure all advertisers are in the program. P.C. shall make arrangements with BOD for sales of programs, and supply one copy to each advertiser and keep a sufficient number of copies to be distributed to sponsors by the S.C.

TEAM PARENT COORDINATOR

Team Parent Coordinator (T.P.) shall schedule meetings and notify all Team Parents of dates and times.

T.P. will explain scheduling of parents and number of parents needed for concession stand operation for the home team and chain crew for the visiting teams. T.P. shall distribute game schedules, concession & chain crew schedules, and sign-up sheets for concession and chain crew.

The Team Parents will contact those scheduled to work concession or chains on weekly basis for confirmation of their schedule job and time. All this should be turned in, in written form, at a time and date designation by the T.P. The list of volunteers are to contain the person's name along with a phone number and team name. The T.P. will post the weekly and weekend schedules.

HEAD GAME ANNOUNCER

The Head Game Announcer will check all equipment in both press boxes and be certain that it is in good working order prior to Jamboree Day. Make sure the field mic is operational. Will also will supply score sheets for each week of the season and make sure they are filled in correctly and completely. He or she will schedule people to announce all games at both fields along with one time keeper per field.

NOTE Parents and Coaches could be used as much as possible for this instead of Board Members. All people scheduled to announce and keep time clocks should be trained in the correct use of all the equipment in the press boxes, and where to record scores. They will also be responsible for keeping unauthorized persons out of the press box areas, unless they are involved in an assigned task. They will record the days scores from both fields in a permanent record book and give a copy to the publicity agent.

TASK COMMITTEE

The Task Committee (T.C.) shall be made up of a group that will meet and appoint a lead person to make a schedule for the length of the season for set up and tear down of both fields. This will include change over from flag to tackle, making sure that all flags are stored properly

T.C. will make sure that all the field equipment is kept in good condition and if it needs replaced or repaired that it be done. If replacement is needed a price should be brought to the BOD for approval.

PUBLICITY AGENT

Publicity Agent will be responsible for all newspaper advertisements throughout the year. This will include ads for spring and fall registration, jamboree, cheerleading competition, and the game summaries from each week for the entire season. Publicity Agent will also keep up with the stats of all teams from week to week for the season.

INSURANCE COORDINATOR

Insurance Coordinator (I.C.) must make sure that league player insurance and Board Liability is paid and in effect prior to try-outs. I.C. will provide accident forms to all affected participants. They will maintain a file of all accident reports and provide needed information to participants. I.C. will file all forms with the insurance company and keep a file of all claims filed. I.C. will make themselves available in the off season to complete accident forms and file claims.

SAFETY AND TRAINING

Safety Officer (S.O.) will schedule meeting with Coaches for any clinics. S.O. will set dates and times for Coaches clinics and additional training. This will be approved by the BOD. S.O. will bring any safety problems to the BOD and this should be handled in a timely manner.

SIGNS AND BANNER COORDINATOR

Sign & Banner Coordinator (S.C) will make and keep a list of companies with addresses and contact people. They will each year mail a renewal form with an invoice to each company. If a company does not renew, the S.C. will make sure that the company receives the sign that it purchased. S.C. will contact vinyl sign companies and get priced for 3X5 signs. Signs will be sold by the BOD, as the signs are sols, the S.C. will collect all orders, and order signs. S.C. will purchase all material to hang signs on fences. S.C. will hang all signs and make sure that they stay properly hung throughout the season. At the end of the season, the signs will be taken down and stored properly with a list of companies who purchased signs.

STORE MANAGER

The Store Manager (S.M.) is responsible for all items to be purchased and sold in the store. S.M. will display all saleable items along with a price list. S.M. will bring a list of all items wished to be purchased by S.M. along with a suggested sale price to BOD for approval. S.M. will collect all monies from store at the conclusion of the game day and deposit in store money bag for the treasurer. Store stock is to be maintained by the S.M. At the conclusion of the season the S.M. must properly weatherproof and store all remaining merchandise and clean store. S.M. is responsible for the sale of the previous year's jerseys.

SCHEDULING

This person will be responsible for the game schedule for the season. Post schedules at designated areas around the facility. Supply copies of schedule to all BOD, advertising agent, and sponsor person.

JAMBOREE DAY CHAIRPERSON

Jamboree Day Chairperson (J.C.) shall be responsible for the organization of the opening day Jamboree. This shall include:

List of people to the Secretary of invitations that need to be sent.

Provide to all Coaches their team placement in the parade.

Secure any vehicles, Grand Marshall, and special guests.

Contact sponsors for any vehicle, banners, or mascots they want to have in parade.

Meet with C.C. as to what the cheerleaders will do for Jamboree (cheer, dance, etc.)

Get approval from Exec Board for any special events or entertainment.

Supply diagram to Cheerleading Coaches of parade/field placement.

Supply a written itinerary to the announcer of the days events, the order of team with sponsor and coaches names.

Send Thank You notes to all non-league participants.

CHAMPIONSHIP GAME DAY COORDINATOR

Shall be responsible for Championship Game Day.

This shall include

Ordering trophies with cost approved by BOD

Invitations to sponsors with times of their games

Organize coaches game (Flag vs. Tackle)

Organize Powder Puff game if there are enough participants *NOTE* Boys can cheer.

Set up trophy display and hand out trophies.

REFEREE LIAISON

The Referee Liaison (R.L.) shall be a Referee with the Referee Organization chosen by the BOD to referee Saturday games.

This Board Member will be certain the Referee Organization is supplied with the PSLAA Rules, Season schedule and any other information deemed necessary by the BOD.

The Referees will be supplied with Gatorade in an igloo and Ice Tea from the concession free of charge.

If a referee wishes to have a bottle drink from the concession they must pay full price.

Each Referee will receive 2 hot item tickets.

Additional food is $\frac{1}{2}$ price.

GOLF CART DUTIES

1. Verify that only 5 PSLA approved certified coaches are to be on the sideline.
2. Verify that there is only 1 water person under the age of 16 on the sidelines.
3. Keep 2 water coolers on each bench of the North Field. (2 scoops of ice)
4. Keep 1 water cooler on each bench on the South Field.
5. Keep 1 cooler on the sidelines for the cheerleading squads to share.
6. Enforce the no throwing of balls, Frisbees, toys, etc by ANYONE within the fenced area of R.D. McCorkle Field. Exception: Football players during team warm up.
7. Enforce the rule that no one should be on the track. Parents are not permitted to attend team meetings if they are held on the track.
8. Enforce the rule that parents are not permitted beyond the curve of the track on the north end of the field or past the rock on the south end of the field.
9. Transport product between concession stands.
10. Bring ice to injured players and transport if needed.
11. Children are not to climb on or play under the bleachers.
12. Patrol the park.

